

CWRA 87.5 FM	CW Gospel Reggae	11203, NY		Christian Contemporary, Gospel Music, Dance	Website
wnyz 87.5 FM	The Indie Darkroom 87.7 FM	11216, NY		Rock, Variety, News/Talk, Country	Website
AAZZ 87.5 FM	WMRV 105.7	13760, NY		Classic Rock, Oldies, Variety, Hip Hop	Website
hawk 87.5 FM	whwk 98.1	13787, NY		News, News, News, News	Website
WXBA 88.1 FM	Brentwood High School	Brentwood, NY	Phone	Grade School (K-12), Radio	Website
WCWP 88.1 FM	Long Island University	Brookville, NY	Phone	College, Radio	Website
WUBJ 88.1 FM	University of Buffalo	Jamestown, NY	Phone	Public Radio, Radio	Website
WGWR 88.1 FM	The Sound of Life Inc-Contemporary Christian Radio	Liberty, NY	Phone	Religious, Radio	Website
WARY 88.1 FM	Voice of West Chester College	Valhalla, NY	Phone	College, Radio	Website
WFRW 88.1 FM	Family Radio - Christian Gospel	Webster, NY	Phone	Religious, Radio	Website
WVCR 88.3 FM	Siena College	Loudonville, NY	Phone	Top-40, Radio	Website
WFSO 88.3 FM	Sacred Music, Christian Teaching, News & Help	Olivebridge, NY	Phone	Religious, Radio	Website
WXLU 88.3 FM	St. Lawrence University	Peru, NY	Phone	Public Radio, Radio	Website
live 88.3 FM	LIVE 44 HIGH SCHOOL RADIO	queenz, NY		News/Talk, Other, Variety, Dance	Website
WSBU 88.3 FM	St. Bonaventure University	Saint Bonaventure, NY	Phone	College, Radio	
WLIU 88.3 FM	Long Island University	Southampton, NY	Phone	Public Radio, Radio	Website
WAER 88.3 FM	Jazz 88	Syracuse, NY	Phone	Jazz, Radio	Website
WCOU 88.3 FM	Impacting Lives with the Message of Hope	Warsaw, NY	Phone	Religious, Radio	Website
WPOB 88.5 FM	WPOP 88.5 FM - Where We Rock You	Plainview, NY	Phone	Variety, Radio	Website
WRUR 88.5 FM	University of Rochester	Rochester, NY	Phone	Variety, Radio	Website
WCII 88.5 FM	Impacting Lives with the Message of Hope	Spencer, NY	Phone	Religious, Radio	Website
WKWZ 88.5 FM	Syosset High School	Syosset, NY	Phone	Variety, Radio	
WBFO 88.7 FM	SUNY Buffalo	Buffalo, NY	Phone	Public Radio, Radio	Website
WHCL 88.7 FM	Hamilton College	Clinton, NY	Phone	College, Radio	Website
WRHU 88.7 FM	Hofstra University	Hempstead, NY	Phone	College, Radio	Website
WSQA 88.7 FM		Hornell, NY	Phone	Public Radio, Radio	
WNYK 88.7 FM	Nyack College	Nyack, NY	Phone	College, Radio	
WRHV 88.7 FM	WMHT Educational Telecommunications	Poughkeepsie, NY	Phone	Public Radio, Radio	Website
WFNP 88.7 FM	SUNY New Paltz	Rosendale, NY	Phone	College, Radio	Website
WCIY 88.9 FM	Impacting Lives with the Message of Hope	Canandaigua, NY	Phone	Religious, Radio	Website
WITC 88.9 FM	Cazenovia College	Cazenovia, NY	Phone	College, Radio	
WCVF 88.9 FM	Fredonia State University	Fredonia, NY	Phone	College, Radio	
WNYO 88.9 FM	State University of New York - Oswego	Oswego, NY	Phone	College, Radio	
WRPJ 88.9 FM	The Sound of Life Inc-Contemporary Christian	Port Jervis, NY	Phone	Religious, Radio	Website

Radio						
WFRS 88.9 FM	Family Radio - Christian Gospel	Smithtown, NY	Phone	Religious, Radio	Website	
WSIA 88.9 FM	College of Staten Island	Staten Island, NY	Phone	College, Radio	Website	
WSLJ 88.9 FM	St. Lawrence University	Watertown, NY	Phone	Public Radio, Radio	Website	
WDWN 89.1 FM	Cayuga County Community College	Auburn, NY	Phone	College, Radio	Website	
WBSU 89.1 FM	State University of New York	Brockport, NY	Phone	Variety, Radio	Website	
WCID 89.1 FM	Impacting Lives with the Message of Hope	Friendship, NY	Phone	Religious, Radio	Website	
WNYU 89.1 FM	New York University	New York, NY	Phone	College, Radio	Website	
WMHT 89.1 FM	WMHT Educational Telecommunications	Schenectady, NY	Phone	Classical, Radio	Website	
WJPZ 89.1 FM	Syracuse University	Syracuse, NY	Phone	Top-40, Radio		
WSKG 89.3 FM	Classical Music, NPR News, Jazz, Folk	Binghamton, NY	Phone	Public Radio, Radio	Website	
WGSU 89.3 FM	SUNY at Geneseo	Geneseo, NY	Phone	Alternative, Radio	Website	
WLJP 89.3 FM	West Point Academy	Monroe, NY	Phone	Christian Contemporary, Radio	Website	
WMUD 89.3 FM	WMUD Plays all music with no commercials 24 hours	Moriah, NY		Variety, Radio	Website	
WMHN 89.3 FM		Webster, NY	Phone	Religious, Radio		
WSLU 89.5 FM	St. Lawrence University	Canton, NY	Phone	Public Radio, Radio	Website	
WUNY 89.5 FM	Central New Yorks Own-Classical, Public Television	Utica, NY	Phone	Classical, Radio	Website	
WALF 89.7 FM	Alfred University	Alfred, NY	Phone	College, Radio	Website	
WEOS 89.7 FM	Public Radio	Geneva, NY	Phone	Public Radio, Radio	Website	
WITR 89.7 FM	Rochester Institute of Technology	Henrietta, NY	Phone	College, Radio	Website	
WNJA 89.7 FM		Jamestown, NY	Phone	Classical, Radio		
WFGB 89.7 FM	The Sound of Life Inc-Contemporary Christian Radio	Kingston, NY	Phone	Christian Contemporary, Radio	Website	
WRHO 89.7 FM	Hartwick College	Oneonta, NY	Phone	College, Radio	Website	
WSSK 89.7 FM	The Sound of Life Inc-Contemporary Christian Radio	Saratoga Springs, NY	Phone	Religious, Radio	Website	
WRUC 89.7 FM	Union College	Schenectady, NY	Phone	College, Radio		
WFBF 89.9 FM	Family Radio - Christian Gospel	Buffalo, NY	Phone	Religious, Radio	Website	
WKCR 89.9 FM	Columbia University	New York, NY	Phone	Variety, Radio	Website	
WXLG 89.9 FM	St. Lawrence University	North Creek, NY	Phone	Public Radio, Radio	Website	
WSUF 89.9 FM	Public Radio	Noyack, NY		Public Radio, Radio	Website	
WRVO 89.9 FM	Oswego State University	Oswego, NY	Phone	Public Radio, Radio	Website	
WIFF 90.1 FM		Binghamton, NY	Phone	Christian Contemporary, Radio		
WGMC 90.1 FM	Greece Central School District	Greece, NY	Phone	Jazz, Radio	Website	
WRCU 90.1 FM	Colgate University	Hamilton, NY	Phone	College, Radio		
WMHQ 90.1 FM	Mars Hill Network - Christian Radio	Malone, NY		Religious, Radio	Website	

WXHD 90.1 FM	Meandering to a different drummer	Mount Hope, NY		Variety, Radio	Website
WUSB 90.1 FM	State University of NY - Stony Brook	Stony Brook, NY	Phone	College, Radio	Website
WWJS 90.1 FM		Watertown, NY	Phone	Christian Contemporary, Radio	
WAMC 90.3 FM	Northeast Public Radio	Albany, NY	Phone	Public Radio, Radio	Website
WCIH 90.3 FM	Impacting Lives with the Message of Hope	Elmira, NY	Phone	Religious, Radio	Website
WHPC 90.3 FM	SUNY - Nassau Community College	Garden City, NY	Phone	Public Radio, Radio	Website
WJSL 90.3 FM	Houghton College	Houghton, NY	Phone	Public Radio, Radio	
WHCR 90.3 FM	City College of New York	New York, NY	Phone	College, Radio	Website
WDFH 90.3 FM	Mercy College	Ossining, NY	Phone	Variety, Radio	Website
WAIH 90.3 FM	The Way	Potsdam, NY	Phone	Variety, Radio	Website
WRVD 90.3 FM	State University of New York	Syracuse, NY	Phone	Public Radio, Radio	Website
WBXL 90.5 FM	Baldwinsville Central School District	Baldwinsville, NY	Phone	Grade School (K-12), Radio	
WHRW 90.5 FM	SUNY Binghamton	Binghamton, NY	Phone	College, Radio	Website
WSUC 90.5 FM	State University of New York - Cortland	Cortland, NY	Phone	College, Radio	Website
WXXE 90.5 FM	Syracuse Community Radio	Fenner, NY	Phone	Variety, Radio	Website
WJFF 90.5 FM	Radio Catskill	Jeffersonville, NY	Phone	Public Radio, Radio	Website
WBER 90.5 FM	The only Station that Matters	Rochester, NY	Phone	Alternative, Radio	Website
WSLL 90.5 FM	St. Lawrence University	Saranac Lake, NY		Public Radio, Radio	Website
WETD 90.7 FM	SUNY Alfred State College	Alfred, NY		Variety, Radio	Website
WGCC 90.7 FM	Genesee Community College	Batavia, NY	Phone	College, Radio	
WFUV 90.7 FM	Fordham University	New York, NY	Phone	Public Radio, Radio	Website
WPGL 90.7 FM	The Sound of Life Inc- Contemporary Christian Radio	Pattersonville, NY	Phone	Religious, Radio	Website
WPNR 90.7 FM	Utica College of Syracuse University	Utica, NY	Phone	College, Radio	
WCDB 90.9 FM	State Univ of New York at Albany	Albany, NY	Phone	College, Radio	Website
WKRB 90.9 FM	Kingsborough Community College	Brooklyn, NY	Phone	College, Radio	Website
WLJH 90.9 FM		Glens Falls, NY	Phone	Top-40, Radio	
WSQG 90.9 FM	Binghamton's Jazz & News Alternative	Ithaca, NY	Phone	Public Radio, Radio	Website
WCOT 90.9 FM	Impacting Lives with the Message of Hope	Jamestown, NY	Phone	Religious, Radio	Website
WAMK 90.9 FM	Northeast Public Radio	Kingston, NY	Phone	Public Radio, Radio	Website
WSLO 90.9 FM	St. Lawrence University	Malone, NY		Public Radio, Radio	Website
WONY 90.9 FM	State University of New York	Oneonta, NY	Phone	Variety, Radio	Website
WAVX 90.9 FM		Schuyler Falls, NY		Christian Contemporary, Radio	

WJNY 90.9 FM	Central New Yorks Own-Classical, Public Television	Watertown, NY	Phone	Classical, Radio	Website
WSQE 91.1 FM	Binghamton's Jazz & News Alternative	Corning, NY	Phone	Public Radio, Radio	Website
WHVP 91.1 FM	The Sound of Life Inc- Contemporary Christian Radio	Hudson, NY		Christian Contemporary, Radio	Website
WOSS 91.1 FM	Union Free School	Ossining, NY	Phone	Grade School (K-12), Radio	
WTSC 91.1 FM	Clarkson University	Potsdam, NY		College, Radio	Website
WSPN 91.1 FM	Skidmore College	Saratoga Springs, NY	Phone	College, Radio	Website
WXLH 91.3 FM	St. Lawrence University	Blue Mountain Lake, NY	Phone	Public Radio, Radio	Website
WBNY 91.3 FM	State University of New York	Buffalo, NY	Phone	Alternative, Radio	Website
WOLN 91.3 FM	University of Buffalo	Olean, NY	Phone	Public Radio, Radio	Website
WVKR 91.3 FM	Vassar College	Poughkeepsie, NY	Phone	College, Radio	Website
WRLI 91.3 FM	Connecticut Public Radio	Southampton, NY	Phone	Public Radio, Radio	Website
WCNY 91.3 FM	Central New Yorks Own-Classical, Public Television	Syracuse, NY	Phone	Classical, Radio	Website
WSQX 91.5 FM	Binghamton's Jazz & News Alternative	Binghamton, NY	Phone	Public Radio, Radio	Website
WVHC 91.5 FM	Herkiner County Community College	Herkimer, NY	Phone	College, Radio	Website
WNYE 91.5 FM	New York City Public Schools	New York, NY	Phone	Public Radio, Radio	Website
WXXI 91.5 FM	WXXI Public Broadcasting Council - Classical	Rochester, NY	Phone	Classical, Radio	Website
WRPI 91.5 FM	Rensselaer Polytechnic Institute	Troy, NY	Phone	College, Radio	Website
WICB 91.7 FM	Ithaca College	Ithaca, NY	Phone	College, Radio	Website
WFRH 91.7 FM	Family Radio - Christian Gospel	Kingston, NY	Phone	Religious, Radio	Website
WOSR 91.7 FM	Northeast Public Radio	Middletown, NY	Phone	Public Radio, Radio	Website
WSQC 91.7 FM		Oneonta, NY	Phone	Public Radio, Radio	
WRVJ 91.7 FM	State University of New York	Watertown, NY	Phone	Public Radio, Radio	Website
WNGN 91.9 FM	Northeast Gospel Broadcasting	Argyle, NY	Phone	Religious, Radio	Website
WCEB 91.9 FM	Corning Community College	Corning, NY	Phone	College, Radio	
WSHR 91.9 FM		Lake Ronkonkoma, NY	Phone	Jazz, Radio	
WCEL 91.9 FM	Northeast Public Radio	Plattsburgh, NY	Phone	Public Radio, Radio	Website
WRVN 91.9 FM	State University of New York	Utica, NY	Phone	Public Radio, Radio	Website
WSEN 92.1 FM	Oldies 92.1 FM	Baldwinsville, NY	Phone	Oldies, Radio	Website
WCKR 92.1 FM	Stereo 92.1 FM - Your Country Home	Hornell, NY	Phone	Country, Radio	Website

WVTK 92.1 FM	Kiss FM 92.1	Port Henry, NY		Top-40, Radio	Website
WRNQ 92.1 FM	92.1 Lite fm - Hudson Valley's 1 & Only Lite Music	Poughkeepsie, NY	Phone	Adult Contemporary, Radio	Website
WLNG 92.1 FM	92.1 FM - Live and Local	Sag Harbor, NY	Phone	Oldies, Radio	Website
WDLA 92.1 FM		Walton, NY	Phone	Country, Radio	
raff 92.3 FM	raff radio	10027-1943, NY		Top-40, Dance, Classic Hits, Other	Website
Pops 92.3 FM	92.3 Now	Bayside, NY		Hip Hop	Website
WXRK 92.3 FM	Rock Radio 92.3 K-Rock	New York, NY	Phone	Rock, Radio	Website
WFLY 92.3 FM	FLY 92	Troy, NY	Phone	Top-40, Radio	Website
WKGB 92.5 FM	92.5 KGB-FM - Binghamton's Only Real Rock Station	Conklin, NY	Phone	Rock, Radio	Website
WBEE 92.5 FM	WBee 925 - Today's Best Country	Rochester, NY	Phone	Country, Radio	Website
WENY 92.7 FM		Elmira, NY	Phone	Adult Contemporary, Radio	
WZAA 92.7 FM	Latino Mix 92.7 FM	Garden City, NY		Spanish, Radio	Website
WGFR 92.7 FM	Adirondack Community College	Glens Falls, NY	Phone	College, Radio	Website
WXUR 92.7 FM		Herkimer, NY	Phone	Oldies, Radio	
WRRV 92.7 FM	Hudson Valley's New Rock Alternative	Middletown, NY	Phone	Alternative, Radio	Website
WBDB 92.7 FM		Ogdensburg, NY		Top-40, Radio	Website
WBUF 92.9 FM	929 WBUF - Buffalo's FM Talk	Buffalo, NY	Phone	Rock, Radio	Website
WBPM 92.9 FM	Cool 92.9 - Good Times and Great Oldies	Saugerties, NY	Phone	Country, Radio	Website
WEHM 92.9 FM	Progressive Radio for Long Island 92-9 EHM	Southampton, NY	Phone	Adult Album Alternative, Radio	Website
WNTQ 93.1 FM	93q #1 Hit Music Station	Syracuse, NY	Phone	Top-40, Radio	Website
WCAN 93.3 FM	Northeast Public Radio	Canajoharie, NY	Phone	Public Radio, Radio	Website
WBBF 93.3 FM	Good Times & Great Oldies	Fairport, NY	Phone	Oldies, Radio	Website
WWSE 93.3 FM	SE 93.3 FM - The Mix	Jamestown, NY	Phone	Top-40, Radio	Website
WSLP 93.3 FM	The New Choice 93.3FM	Lake Placid, NY		Adult Contemporary	Website
WBWZ 93.3 FM	STAR 93.3-The Best Variety of the 80s 90s & Today	New Paltz, NY	Phone	Hot AC, Radio	Website
WCIZ 93.3 FM	Norther NY Best Choice for Classic Hits	Watertown, NY	Phone	Classic Hits, Radio	Website
WZCR 93.5 FM	Cruisin 93.5 FM - Good Times Great Oldies	Hudson, NY	Phone	Oldies, Radio	Website
WVBR 93.5 FM	Ithicas Real Rock Station	Ithaca, NY	Phone	Rock, Radio	Website
WRTN 93.5 FM		New Rochelle, NY	Phone	Nostalgia, Radio	
WUCL 93.5 FM	93.5 The River - It's All About The Music	Remsen, NY		Oldies, Radio	Website
ISAN 93.5 FM	Music Radio	Tasikmalaya, NY		Hip Hop, Alternative, Rock, Asian	Website
WCOV 93.7 FM	Impacting Lives with the	Clyde, NY	Phone	Religious, Radio	Website

Message of Hope						
WBLK 93.7 FM	#1 for Hip-Hop & R&B, Always Blazin' 18 in-a-row	Depew, NY	Phone	Urban Contemporary, Radio	Website	
WEGQ 93.7 FM		Scotia, NY		Country, Radio	Website	
WDNY 93.9 FM		Dansville, NY	Phone	Adult Contemporary, Radio		
WNYC 93.9 FM	WNYC New York Public Radio	New York, NY	Phone	Public Radio, Radio	Website	
WKXZ 93.9 FM		Norwich, NY	Phone	Hot AC, Radio		
WQKE 93.9 FM	Plattsburgh State University	Plattsburgh, NY	Phone	College, Radio		
WZNE 94.1 FM	94.1 The Zone - Rochester's New Rock Alternative	Brighton, NY	Phone	Alternative, Radio	Website	
WIHR 94.1 FM		Jamestown, NY		Christian Contemporary, Radio		
WNYV 94.1 FM		Whitehall, NY	Phone	Adult Contemporary, Radio		
WLVY 94.3 FM	94 Rock - WLVY	Elmira, NY	Phone	Top-40, Radio	Website	
WKXP 94.3 FM	Kicks 94.3 FM - Today's Best Country	Kingston, NY		Country, Radio	Website	
WMJC 94.3 FM	Island 94-3 - The Best of the 80s, 90s, and Today	Smithtown, NY	Phone	80's Rock, Radio	Website	
WNED 94.5 FM	Western New York Public Broadcasting Association	Buffalo, NY	Phone	Classical, Radio	Website	
WRCZ 94.5 FM	94 Rock - Your Classic Rock Station	Ravena, NY		Classic Rock, Radio	Website	
WYYY 94.5 FM	Y94 FM - The Best Mix of the 70s 80s 90s and Today	Syracuse, NY	Phone	Adult Contemporary, Radio	Website	
WMHI 94.7 FM	Mars Hill Network - Christian Radio	Cape Vincent, NY	Phone	Religious, Radio	Website	
WYUL 94.7 FM	94.7 Hits FM - 20-in-a-Row Hit Music Station	Chateaugay, NY	Phone	Top-40, Radio	Website	
WIYN 94.7 FM		Deposit, NY	Phone	Oldies, Radio		
WBAR 94.7 FM	Alive Radio Network	Lake Luzerne, NY	Phone	Religious, Radio	Website	
WKLL 94.9 FM	K-Rock Modern Rock - The New Music Revolution	Frankfort, NY	Phone	Alternative, Radio	Website	
WFXF 95.1 FM	The Fox 95.1 FM - Classics of the 60s and 70s	Honeoye Falls, NY	Phone	Classic Rock, Radio	Website	
WGIX 95.3 FM		Gouverneur, NY	Phone	Oldies, Radio		
WBKT 95.3 FM		Norwich, NY	Phone	Country, Radio		
WHFM 95.3 FM	Long Island's #1 Rock Station	Southampton, NY	Phone	Rock, Radio	Website	
WYJB 95.5 FM	B95.5 FM - Continuous Soft Rock	Albany, NY	Phone	Adult Contemporary, Radio	Website	
WPLJ 95.5 FM	The best mix of the 80s, 90s, and today	New York, NY	Phone	Hot AC, Radio	Website	
WAQX 95.7 FM	95X If It Rocks	Manlius, NY	Phone	Rock, Radio	Website	
WPIG 95.7 FM	PIG 95.7 FM - Sizzlin Country - WPIG	Olean, NY	Phone	Country, Radio	Website	
WFLR 95.9 FM	Finger Lakes	Dundee, NY	Phone	Country, Radio	Website	

Community News and Information

WCQL 95.9 FM	95.9 Cool Rock	Glens Falls, NY	Phone	Classic Rock, Radio	Website
WVOS 95.9 FM		Liberty, NY	Phone	Country, Radio	
WJYE 96.1 FM	Soft Rock - Home of the 9-to-5 No Repeat Workday	Buffalo, NY	Phone	Adult Contemporary, Radio	Website
bjye 96.1 FM	96.1 wjye	buffalo, NY		Classic Rock, Oldies, Classic Hits, Rock	Website
WLVG 96.1 FM	Love 96 Plays the Best Mix - WLVG	Center Moriches, NY	Phone	Adult Contemporary, Radio	Website
WVLF 96.1 FM	The Valley 96.1 - Todays Hits Yesterdays Favorites	Norwood, NY	Phone	Adult Contemporary, Radio	Website
WPKF 96.1 FM	Today's Hottest Music, 96-1 Kiss-FM	Poughkeepsie, NY	Phone	Top-40, Radio	Website
WODZ 96.1 FM	Oldies 96 - Good Time Rock n Roll	Rome, NY	Phone	Oldies, Radio	Website
josh 96.3 FM	Jamz96.3 #1for hip-hop and todays hit	Iakawanna ny, NY		Hip Hop, Top-40, Adult Album Alternative, Hot AC	Website
WQXR 96.3 FM	The Classical Station of the NY Times 96.3 FM WQXR	New York, NY	Phone	Classical, Radio	Website
WAJZ 96.3 FM	Jamz 96.3 Hip Hop and R&B	Voorheesville, NY	Phone	Urban Contemporary, Radio	Website
WBKX 96.5 FM	96 Kix - Today's Hits and Yesterday's Favorites	Fredonia, NY	Phone	Hot AC, Radio	Website
WVNV 96.5 FM	Wild Country 96.5 FM - Nobody Plays More Country	Malone, NY	Phone	Country, Radio	Website
WCMF 96.5 FM	96 Home Of Rock And Roll	Rochester, NY	Phone	Classic Rock, Radio	Website
WPTR 96.7 FM		Clifton Park, NY		Nostalgia, Radio	
WHBE 96.7 FM	Bloomberg Radio	East Hampton, NY		Business News, Radio	Website
WYSX 96.7 FM	YES FM - The 15-in-a-Row Hit Music Station	Morristown, NY	Phone	Top-40, Radio	Website
WOLF 96.7 FM	Radio Disney. Your Music. Your Way	Oswego, NY	Phone	Adult Contemporary, Radio	Website
WTSX 96.7 FM		Port Jervis, NY	Phone	Oldies, Radio	
WXZO 96.7 FM	The Zone 96.7 FM - Todays Talk	Willsboro, NY	Phone	Talk, Radio	Website
WRRB 96.9 FM	Hudson Valley's New Rock Alternative	Arlington, NY	Phone	Alternative, Radio	Website
WGRF 96.9 FM	97 Rock - WGRF 96.9 FM	Buffalo, NY	Phone	Classic Rock, Radio	Website
WOUR 96.9 FM	96.9 FM - The Rock of Central NY	Utica, NY	Phone	Rock, Radio	Website
WQHT 97.1 FM	Hot97 Where Hip Hop Lives	New York, NY	Phone	Hip Hop, Radio	Website
WYXL 97.3 FM	Lite FM 97.3	Ithaca, NY	Phone	Adult Contemporary, Radio	Website
WMYZ 97.3 FM	With Holiness And Zeal	Schoharie, NY	Phone	Religious, Radio	Website
WZAD 97.3 FM	Mix 97-Hudson Valley's	Wurtsboro, NY	Phone	Adult Contemporary, Radio	Website

	#1 Choice for Music Variety				
WZEC 97.5 FM		Hoosick Falls, NY	Phone	Hot AC, Radio	
LIST 97.5 FM	UTOPIA HOME CARE	PATCHOGUE, NY		Variety	
WALK 97.5 FM	Long Islands Best Variety	Patchogue, NY	Phone	Adult Contemporary, Radio	Website
WFRY 97.5 FM	The Best and Most Country - Froggy 97	Watertown, NY	Phone	Country, Radio	Website
WBKK 97.7 FM	The Capital Region's Classical Station	Amsterdam, NY	Phone	Classical, Radio	Website
WGMM 97.7 FM		Big Flats, NY	Phone	Oldies, Radio	
WCZX 97.7 FM	Mix 97 - The Hudson Valleys #1 Choice for Variety	Hyde Park, NY	Phone	Adult Contemporary, Radio	Website
WSKQ 97.9 FM	La Mega 97.9	New York, NY	Phone	Spanish, Radio	Website
WPXY 97.9 FM	98PXY - The #1 Hit Music Station	Rochester, NY	Phone	Top-40, Radio	Website
WSKS 97.9 FM	Kiss FM 97.9	Whitesboro, NY	Phone	Top-40, Radio	Website
WRIP 97.9 FM	Rip 97	Windham, NY	Phone	Adult Contemporary, Radio	Website
WHWK 98.1 FM	The Hawk 98.1 - Todays Hot New Country 20-in-a-row	Binghamton, NY	Phone	Country, Radio	Website
WVIN 98.3 FM	A Better Variety of the 70s 80s 90s & Today	Bath, NY	Phone	Adult Contemporary, Radio	Website
WKJY 98.3 FM	KJOY 98.3 WKJY Todays Hits & Yesterdays Favorites	Hempstead, NY	Phone	Adult Contemporary, Radio	Website
WSUL 98.3 FM	The Best Mix	Monticello, NY	Phone	Adult Contemporary, Radio	Website
KSUL 98.3 FM	WSUL	monticello 12701, NY		Rock	Website
WTRY 98.3 FM	98.3 FM WTRY - Super Hits of the 60s and 70s	Rotterdam, NY	Phone	Oldies, Radio	Website
WQRT 98.3 FM		Salamanca, NY	Phone	Classic Rock, Radio	
WCTW 98.5 FM	The Hudson Valleys Best Mix Of The 80s 90s & Today	Catskill, NY	Phone	Hot AC, Radio	Website
WKSE 98.5 FM	KISS FM 98.5 - Western NY's #1 Hit Music Station	Niagara Falls, NY	Phone	Top-40, Radio	Website
WNYS 98.5 FM	Finger Lakes Community News and Information	Waterloo, NY	Phone	Adult Contemporary, Radio	Website
WBON 98.5 FM	98.5 The Bone	Westhampton, NY	Phone	Classic Rock, Radio	Website
WCBA 98.7 FM		Corning, NY	Phone	Adult Contemporary, Radio	
WRKS 98.7 FM	Kiss R&B & Classic Soul	New York, NY	Phone	Urban Contemporary, Radio	Website
WPAC 98.7 FM		Ogdensburg, NY	Phone	Oldies, Radio	
WLZW 98.7 FM	Lite FM 98.7- Central NY's #1 At-Work Network	Utica, NY	Phone	Adult Contemporary, Radio	Website
WBZA 98.9 FM	98.9 The Buzz - Best of the 70s and 80s	Rochester, NY	Phone	80's Rock, Radio	Website
WAAL 99.1 FM	The Whale	Binghamton, NY	Phone	Classic Rock, Radio	Website

WCKM 99.1 FM		Lake George, NY	Phone	Oldies, Radio	Website
PHAN 99.1 FM	The Phantom Radio Network	New York, NY		Alternative, Rock, Other	Website
WFKP 99.3 FM	Kiss FM - Jammin The Hudson Valley	Ellenville, NY	Phone	Top-40, Radio	Website
WLLG 99.3 FM	The Moose - Your Hometown Radio Station	Lowville, NY	Phone	Country, Radio	Website
WSNN 99.3 FM		Potsdam, NY	Phone	Top-40, Radio	
WLLW 99.3 FM	Finger Lakes Community News and Information	Seneca Falls, NY	Phone	Classic Rock, Radio	Website
WTKW 99.5 FM	Classic Rock - TK99 FM	Bridgeport, NY	Phone	Classic Rock, Radio	Website
WDCX 99.5 FM	WDCX 99.5 Life FM	Buffalo, NY	Phone	Religious, Radio	Website
WBAI 99.5 FM	Listener Supported	New York, NY	Phone	Public Radio, Radio	Website
WRVE 99.5 FM	The River-Greatest Hits of the 70s 80s 90s & Today	Schenectady, NY	Phone	Rock, Radio	Website
WOKN 99.5 FM	99.5 FM WOKN - CD Country-Todays HOT New Country	Southport, NY	Phone	Country, Radio	Website
WJUX 99.7 FM	The Bridge - A Cross to Truth	Monticello, NY	Phone	Religious, Radio	Website
WBGK 99.7 FM	When You're In Central NY, You're In Bug Country	Newport Village, NY	Phone	Country, Radio	Website
WZXV 99.7 FM	99.7 The Frequency of Heaven	Palmyra, NY	Phone	Religious, Radio	Website
WIII 99.9 FM	1100 Classic Rock	Cortland, NY	Phone	Classic Rock, Radio	Website
WBTZ 99.9 FM	999 The Buzz	Plattsburgh, NY	Phone	Alternative, Radio	Website
WDST 100.1 FM		Woodstock, NY	Phone	Adult Album Alternative, Radio	Website
WNAR 100.3 FM	Broadcasting the Good News of Jesus Christ	Arcade, NY		Religious, Radio	Website
WDHI 100.3 FM		Delhi, NY	Phone	Oldies, Radio	
WBGJ 100.3 FM	Radio Disney. Your Music. Your Way	Sylvan Beach, NY		Children's, Radio	Website
WKBE 100.3 FM	The Point 100.3 FM - Todays Rock	Warrensburg, NY	Phone	Hot AC, Radio	Website
WAPP 100.3 FM		Westhampton, NY		Religious, Radio	
WCDW 100.5 FM		Conklin, NY	Phone	Oldies, Radio	
WVOR 100.5 FM	Mix 100.5 - 80s 90s and Now	Rochester, NY	Phone	Hot AC, Radio	Website
WOTT 100.7 FM		Henderson, NY	Phone	Rock, Radio	
WHUD 100.7 FM	Westchester & Hudson Valley Music and Information	Peekskill, NY	Phone	Adult Contemporary, Radio	Website
WKVU 100.7 FM	K-Love - Positive and Encouraging	Utica, NY		Christian Contemporary, Radio	Website
WKLI 100.9 FM	Albany Magic 100.9 FM	Albany, NY	Phone	Easy Listening, Radio	Website
WPGI 100.9 FM		Horseheads, NY	Phone	Country, Radio	
WKRL 100.9 FM	K-Rock Modern Rock - Th New Music Revolution	North Syracuse, NY	Phone	Alternative, Radio	Website

WCDO 100.9 FM	WCDO Radio	Sidney, NY	Phone	Adult Contemporary, Radio	Website
WBUG 101.1 FM	When You're In Central NY, You're In Bug Country	Fort Plain, NY	Phone	Country, Radio	Website
WCBS 101.1 FM	101.1 Jack FM - Playing what we want	New York, NY	Phone	Oldies, Radio	Website
WBRV 101.3 FM	The Moose - Your Hometown Radio Station	Boonville, NY	Phone	Country, Radio	Website
WCPV 101.3 FM	Champ - Classic Rock Station	Essex, NY	Phone	Classic Rock, Radio	Website
WRMM 101.3 FM	Warm 101.3 FM - Continuous Soft Rock	Rochester, NY	Phone	Adult Contemporary, Radio	Website
WQAR 101.3 FM	Star 101.3 FM	Stillwater, NY	Phone	Adult Contemporary, Radio	Website
WRCD 101.5 FM	101.5 The FOX - Classic Hits	Canton, NY	Phone	Classic Rock, Radio	Website
WXHC 101.5 FM	WXHC FM - Hometown Radio - Homer, NY	Homer, NY	Phone	Hot AC, Radio	Website
WMXO 101.5 FM	Mix 101	Olean, NY	Phone	Hot AC, Radio	Website
WPDH 101.5 FM	101.5 The Home of Rock and Roll	Poughkeepsie, NY	Phone	Classic Rock, Radio	Website
WLOF 101.7 FM	The Station of the Cross	Attica, NY	Phone	Religious, Radio	Website
WFLK 101.7 FM	K107.1 FM	Geneva, NY	Phone	Country, Radio	Website
WENU 101.7 FM		Hudson Falls, NY	Phone	Nostalgia, Radio	
WLTB 101.7 FM		Johnson City, NY	Phone	Adult Contemporary, Radio	
WSCP 101.7 FM		Pulaski, NY	Phone	Country, Radio	
WBEA 101.7 FM	1017 The Beach - Interactive Radio	Southold, NY	Phone	Hot AC, Radio	Website
WZKZ 101.9 FM	KZ 101.9 - The Hot New Country You Love	Alfred, NY	Phone	Country, Radio	Website
WJIV 101.9 FM		Cherry Valley, NY	Phone	Religious, Radio	
WHUG 101.9 FM		Jamestown, NY		Country, Radio	
WQCD 101.9 FM	Cd 101.9 Smooth Jazz	New York, NY	Phone	Smooth Jazz, Radio	Website
WJCA 102.1 FM	Solid Bible Teaching, Passionate Praise & Worship	Albion, NY		Religious, Radio	Website
WDNB 102.1 FM		Jeffersonville, NY	Phone	News, Radio	Website
WZUN 102.1 FM	Sunny 102 - The Music that Fits you best	Phoenix, NY	Phone	Adult Contemporary, Radio	Website
WAVR 102.1 FM	Choice 102	Waverly, NY	Phone	Adult Contemporary, Radio	
WBAB 102.3 FM	Long Islands Home of Rock	Babylon, NY	Phone	Rock, Radio	Website
WKKF 102.3 FM	KISS FM 102.3 - All of Today's Best Music	Ballston Spa, NY	Phone	Top-40, Radio	Website
WISY 102.3 FM	Sunny 102 FM - Easy Favorites	Canandaigua, NY	Phone	Adult Contemporary, Radio	Website
WRGR 102.3 FM		Tupper Lake, NY	Phone	Classic Rock, Radio	
WBAZ 102.5 FM	The Lite on the Bays	Bridgehampton, NY	Phone	Adult Contemporary, Radio	Website
WTSS 102.5 FM	Star 102.5 - The Best Variety	Buffalo, NY	Phone	Hot AC, Radio	Website
WUMX 102.5 FM	The New Mix 102.5 - 80s 90s and Now	Rome, NY	Phone	Hot AC, Radio	Website

WBDR 102.7 FM		Cape Vincent, NY	Phone	Country, Radio	
WNEW 102.7 FM	Where Rock Lives	New York, NY	Phone	Adult Contemporary, Radio	Website
WRCI 102.7 FM	102.7 FM The Light - Rochester's Christian Radio	Webster, NY		Religious, Radio	Website
WNCQ 102.9 FM	Q Country 102.9 FM	Canton, NY	Phone	Country, Radio	Website
WMHR 102.9 FM		Syracuse, NY	Phone	Religious, Radio	
WCLX 102.9 FM	The Album Station- Radio for people who know Music	Westport, NY	Phone	Rock, Radio	Website
WHRL 103.1 FM	Channel 103.1 FM - Albany's New Rock Alternative	Albany, NY	Phone	Alternative, Radio	Website
WCIK 103.1 FM	Impacting Lives with the Message of Hope	Bath, NY	Phone	Religious, Radio	Website
WBZO 103.1 FM	B103 - Long Islands Oldies	Bay Shore, NY	Phone	Oldies, Radio	Website
WTOJ 103.1 FM	Magic 103-Playing Todays Hits Yesterdays Favorites	Carthage, NY	Phone	Adult Contemporary, Radio	Website
WGNY 103.1 FM	Hits 103.1 FM	Newburgh, NY	Phone	Hot AC, Radio	Website
WZOZ 103.1 FM		Oneonta, NY	Phone	Classic Rock, Radio	
babe 103.1 FM	103	west babylon, NY		Classic Hits, Classic Rock, Oldies, Classical	Website
WEDG 103.3 FM	Rock Radio 103.3 The Edge	Buffalo, NY	Phone	Alternative, Radio	Website
WMXW 103.3 FM	Mix 103.3 FM - Soft Rock Less Talk	Vestal, NY	Phone	Adult Contemporary, Radio	Website
WQBJ 103.5 FM	The Edge - The Capital Region's Rock Station	Cobleskill, NY	Phone	Rock, Radio	Website
WKTU 103.5 FM	The Beat Of New York	Lake Success, NY	Phone	Dance, Radio	Website
mini 103.5 FM	103.50	ny, NY		80's Rock, Asian, Americana/Roots, Blues	Website
WUUF 103.5 FM		Sodus, NY		Country, Radio	
WJQZ 103.5 FM		Wellsville, NY	Phone	Adult Contemporary, Radio	
WQNY 103.7 FM	Q Country	Ithaca, NY	Phone	Country, Radio	Website
QRCN 103.9 FM	WRCN	11784, NY		Classic Rock	Website
xxxx 103.9 FM	WRCN	11901, NY		Alternative	Website
WKHV 103.9 FM		Kingston, NY		Religious, Radio	
WVOA 103.9 FM		Mexico, NY	Phone	Religious, Radio	
WSRK 103.9 FM	Otsego County's #1 Radio Station	Oneonta, NY	Phone	Hot AC, Radio	Website
WQBK 103.9 FM	The Edge - The Capital Region's Rock Station	Rensselaer, NY	Phone	Rock, Radio	Website
WRCN 103.9 FM	Classic Rock 103.9 FM WCRN	Riverhead, NY	Phone	Classic Rock, Radio	Website
WDXK 103.9 FM	104 WDKX	Rochester, NY	Phone	Urban Contemporary, Radio	Website
WANC 103.9 FM	Northeast Public Radio	Ticonderoga, NY	Phone	Public Radio, Radio	Website
WFAS 103.9 FM	Talk Radio 1390 AM WFBL	White Plains, NY	Phone	Adult Contemporary, Radio	Website
WHTT 104.1 FM	Oldies 104	Buffalo, NY	Phone	Oldies, Radio	Website

WWYL 104.1 FM	Wild 104 - The Southern Tier's Hit Music Station	Chenango Bridge, NY		Top-40, Radio	Website
WAXQ 104.3 FM	Q104 New Yorks Classic Rock	New York, NY	Phone	Classic Rock, Radio	Website
WFRG 104.3 FM	The Best and Most Country - Big Frog 104	Utica, NY	Phone	Country, Radio	Website
WABT 104.5 FM	104.5 the Buzz	Mechanicville, NY	Phone	Hot AC, Radio	Website
WBBS 104.7 FM	Bee B104 Best Country	Fulton, NY	Phone	Country, Radio	Website
WKEG 104.7 FM		Limestone, NY		Rock, Radio	
WMOS 104.7 FM	The Wolf 104.7 FM - Powered by Mohegan Sun	Montauk, NY		Classic Rock, Radio	Website
WSPK 104.7 FM	K104.7 FM Today's Best Music	Poughkeepsie, NY	Phone	Top-40, Radio	Website
WIRQ 104.7 FM		Rochester, NY	Phone	Grade School (K-12), Radio	
WZMR 104.9 FM	104.9 FM - Today's Smooth Jazz and Classic Soul	Altamont, NY	Phone	Smooth Jazz, Radio	Website
edge 104.9 FM	1049 the edge	gloversville, NY		Rock	Website
WNGZ 104.9 FM	Wingz 104.9 FM - The Classic Rock Station	Montour Falls, NY	Phone	Classic Rock, Radio	Website
WWDG 105.1 FM	Rock 105 - The Dog	Deruyter, NY		Rock, Radio	Website
WWPR 105.1 FM	Power 105.1 - # 1 For Hip-Hop and R&B	New York, NY		Hip Hop, Radio	Website
WKOL 105.1 FM	Kool 105 FM - Good Times Great Oldies	Plattsburgh, NY	Phone	Oldies, Radio	Website
WDRE 105.3 FM	Party 105.3 - Let's Get This Party Started	Calverton-Roanoke, NY	Phone	Dance, Radio	Website
WGKR 105.3 FM	The Sound of Life Inc- Contemporary Christian Radio	Grand Gorge, NY	Phone	Religious, Radio	Website
WKPQ 105.3 FM		Hornell, NY	Phone	Top-40, Radio	Website
WMJQ 105.5 FM	K-Love - Positive and Encouraging	Brockport, NY	Phone	Religious, Radio	Website
WLPW 105.5 FM		Lake Placid, NY	Phone	Adult Album Alternative, Radio	
WSKU 105.5 FM	KISS FM 105.5	Little Falls, NY	Phone	Top-40, Radio	Website
WTKV 105.5 FM	Classic Rock - TK105 FM	Oswego, NY	Phone	Classic Rock, Radio	Website
WDBY 105.5 FM	Y105 - The Best Music Mix	Patterson, NY		Hot AC, Radio	Website
STNC 105.7 FM	STNC News Network	14874, NY		80's Rock, News, Latin, Jazz	Website
WMRV 105.7 FM	Star 105.7 FM - The Southern Tier's Best Variety	Endicott, NY	Phone	Adult Contemporary, Radio	Website
WSAC 105.7 FM		Geneva, NY		Variety, Radio	
WNYQ 105.7 FM	Wink 105 FM	Queensbury, NY	Phone	Hot AC, Radio	Website
WOGM 105.9 FM		Jamestown, NY		Christian Contemporary, Radio	
WKUY 105.9 FM	Mix of AC, Country, Christian, Top 40, & Oldies	Newport, NY		Christian Contemporary, Radio	Website
WJZR 105.9 FM	North Coast Radio 105.9 FM WJZR	Rochester, NY	Phone	Smooth Jazz, Radio	Website
WLTI 105.9 FM	Lite FM 105.9	Syracuse, NY	Phone	Adult Contemporary, Radio	Website

WNKI 106.1 FM	Wink 106 FM - Todays Best Music	Corning, NY	Phone	Top-40, Radio	Website
WPDA 106.1 FM	101.5 The Home of Rock and Roll	Jeffersonville, NY	Phone	Classic Rock, Radio	Website
WBLI 106.1 FM	1061 BLI - Long Island's #1 Hit Music Station	Patchogue, NY	Phone	Top-40, Radio	Website
WFAF 106.3 FM	Radio Woodstock - The 69 Channel	Mount Kisco, NY	Phone	Adult Album Alternative, Radio	Website
WMCR 106.3 FM		Oneida, NY	Phone	Adult Contemporary, Radio	
WYZY 106.3 FM		Saranac Lake, NY	Phone	Country, Radio	
WPYX 106.5 FM	The Classic Rock Station PYX 106	Albany, NY	Phone	Classic Rock, Radio	Website
WYRK 106.5 FM	Country 106.5 - Buffalo's #1 Country Station	Buffalo, NY	Phone	Country, Radio	Website
WKRH 106.5 FM	K-Rock Modern Rock - Th New Music Revolution	Minetto, NY	Phone	Alternative, Radio	Website
WBDI 106.7 FM	The Border	Copenhagen, NY	Phone	Top-40, Radio	Website
WKGS 106.7 FM	KISS FM 106.7	Irondequoit, NY	Phone	Top-40, Radio	Website
WLTW 106.7 FM	Lite FM - NY's One and Only Lite Music Station	New York, NY	Phone	Adult Contemporary, Radio	Website
WPHR 106.9 FM	Power 106 FM Todays R&B and Old School Jams	Auburn, NY	Phone	Urban Contemporary, Radio	Website
WKZA 106.9 FM	KISS FM - A Better Variety of Todays Best Music	Lakewood, NY	Phone	Hot AC, Radio	Website
WXPX 107.1 FM	The New 107.1 The Peak - World Class Rock Radio	Briarcliff Manor, NY		Adult Album Alternative, Radio	Website
WFFG 107.1 FM	Froggy 107.1 FM Jumpin Country	Corinth, NY	Phone	Country, Radio	Website
WLIR 107.1 FM	The Box 107.1 - Long Islands New Music Alternative	Hampton Bays, NY	Phone	Alternative, Radio	Website
sasl 107.1 FM	107.1 the peak	katonah, NY		Classic Rock, Adult Album Alternative, Adult Album Alternative, Adult Album Alternative	Website
WRWD 107.3 FM	WRWD Country 107.3 - Continuous Country Favorites	Highland, NY	Phone	Country, Radio	Website
WNVE 107.3 FM	The Nerve 107.3 FM	South Bristol Townsh, NY	Phone	Rock, Radio	Website
WRCK 107.3 FM	The Mohawk Valley's Classic Rock Station-Rock 107	Utica, NY	Phone	Classic Rock, Radio	Website
WBBI 107.5 FM	The Bear	Endwell, NY	Phone	Classic Rock, Radio	Website
WBLS 107.5 FM	WBLS 107.5 - Where R&B and Hip Hop Connect	New York, NY	Phone	Urban Contemporary, Radio	Website
WGNA 107.7 FM	Country 107.7 FM WGNA	Albany, NY	Phone	Country, Radio	Website
WECW 107.7 FM	Elmira College	Elmira, NY	Phone	College, Radio	

WLKK 107.7 FM	107.7 FM - The Lake - It's Different Here	Wethersfield Twnshp, NY	Phone	Adult Album Alternative, Radio	Website
OHHR 107.9 FM	One Love Hip Hop Radio	10100, NY		Hip Hop, Urban Contemporary	Website
WQVM 107.9 FM	WQVM Radio	Flushing, NY		Variety	Website
WRFA 107.9 FM		Jamestown, NY	Phone	Public Radio, Radio	
WWHT 107.9 FM	Hot 107.9 FM - All of Today's Hit Music	Syracuse, NY	Phone	Top-40, Radio	Website
wost 530 AM	whli	00000, NY		Easy Listening, Jazz, Classic Hits, Oldies	Website
whec 530 AM	wham1180	BROCKPORT, NY		News, Classic Rock, Variety, Ethnic	Website
WLIE 540 AM	Business Talk - New York AM 540 WLIE	Islip, NY	Phone	Business News, Radio	Website
WGR 550 AM	WGR Sports Radio 550 AM	Buffalo, NY	Phone	Sports, Radio	Website
WCKL 560 AM	Cool 92.9 FM - Good Times & Great Oldies	Catskill, NY	Phone	Oldies, Radio	Website
WMCA 570 AM	New York's Christian Radio	New York, NY	Phone	Religious, Radio	Website
WSYR 570 AM	Newsradio AM 570 WSYR	Syracuse, NY	Phone	News/Talk, Radio	Website
WROW 590 AM	Sports Talk Radio Everything sports-and then some	Albany, NY	Phone	News/Talk, Radio	Website
WHEN 620 AM	Sports Radio 620 WHEN	Syracuse, NY	Phone	Sports, Radio	Website
WFAN 660 AM	Sportsradio 20-20 Sports	New York, NY	Phone	Sports, Radio	Website
WINR 680 AM	680 WINR - Music of your Life	Binghamton, NY	Phone	Nostalgia, Radio	Website
WOR 710 AM	Real Life Real People Real Talk Radio AM 710 WOR	New York, NY	Phone	Talk, Radio	Website
WDOS 730 AM		Oneonta, NY	Phone	Country, Radio	
WGSM 740 AM		Huntington, NY	Phone	Asian, Radio	
WCHP 760 AM		Champlain, NY	Phone	Religious, Radio	Website
WABC 770 AM	Newstalk Radio 77	New York, NY	Phone	News/Talk, Radio	Website
WTOR 770 AM	Punjabi, Serbian, Macedonian, and Urdu Radio	Youngstown, NY	Phone	Ethnic, Radio	Website
WTNY 790 AM	The News and Weather Station	Watertown, NY	Phone	Talk, Radio	Website
WLSV 790 AM		Wellsville, NY	Phone	Country, Radio	
WGY 810 AM	NewsTalk Radio 810 WGY - AM 810	Schenectady, NY	Phone	News/Talk, Radio	Website
WWLZ 820 AM		Horseheads, NY	Phone	Talk, Radio	
WNYC 820 AM	WNYC New York Public Radio	New York, NY	Phone	Public Radio, Radio	Website
WYLF 850 AM	Filling the Gap between Soft AC and Big Band	Penn Yan, NY	Phone	Nostalgia, Radio	Website
WHCU 870 AM		Ithaca, NY	Phone	News/Talk, Radio	Website
WCBS 880 AM	Newsradio 88 Nonstop	New York, NY	Phone	News, Radio	Website

News					
WBRV 900 AM	The Moose - Your Hometown Radio Station	Boonville, NY	Phone	Country, Radio	Website
WUAM 900 AM		Saratoga Springs, NY	Phone	Nostalgia, Radio	
WRKL 910 AM	Polskie Radio	New City, NY	Phone	Ethnic, Radio	Website
WKRT 920 AM	WKRT AM 920 News Talk	Cortland, NY	Phone	News/Talk, Radio	Website
WGHQ 920 AM		Kingston, NY	Phone	Nostalgia, Radio	
WIRD 920 AM	ESPN Radio - Sports	Lake Placid, NY	Phone	Sports, Radio	Website
WBEN 930 AM	News Talk Weather	Buffalo, NY	Phone	News/Talk, Radio	Website
WIZR 930 AM		Johnstown, NY	Phone	Oldies, Radio	
WHVW 950 AM		Hyde Park, NY	Phone	Oldies, Radio	Website
WROC 950 AM	News Talk 950	Rochester, NY		News/Talk, Radio	Website
WIBX 950 AM	NewsRadio 950 - The Mohawk Valleys Big Talker	Utica, NY	Phone	News/Talk, Radio	Website
WEAV 960 AM	The Zone Todays Talk AM 960	Plattsburgh, NY	Phone	Talk, Radio	Website
WNED 970 AM	Western New York Public Broadcasting Association	Buffalo, NY	Phone	Public Radio, Radio	Website
WCHN 970 AM		Norwich, NY	Phone	Nostalgia, Radio	
WOFX 980 AM	Fox Sports Radio AM 980	Troy, NY	Phone	Sports, Radio	Website
WLGZ 990 AM		Rochester, NY	Phone	Nostalgia, Radio	
WLNL 1000 AM		Horseheads, NY	Phone	Religious, Radio	
WINS 1010 AM	All News All The Time	New York, NY	Phone	News, Radio	Website
WYSL 1040 AM	News 1040 AM	Avon, NY	Phone	News, Radio	Website
WSEN 1050 AM	Good Time Rock and Roll AM 1050	Baldwinsville, NY		Oldies, Radio	Website
WYBG 1050 AM		Massena, NY	Phone	Talk, Radio	
WEPN 1050 AM		New York, NY		Sports, Radio	Website
WSCP 1070 AM		Sandy Creek-Pulaski, NY	Phone	Country, Radio	
WUFO 1080 AM		Amherst, NY	Phone	Gospel Music, Radio	
WHLI 1100 AM	WHLI - Standards of Yesterday and Today - 1100 AM	Hempstead, NY	Phone	Nostalgia, Radio	Website
WSFW 1110 AM	Finger Lakes Community News and Information	Seneca Falls, NY	Phone	News, Radio	Website
WTBQ 1110 AM	Radio Worth Listening To	Warwick, NY	Phone	Oldies, Radio	Website
WMNY 1120 AM		Buffalo, NY	Phone	Gospel Music, Radio	
WBBR 1130 AM	Bloomberg Radio AM 1130	New York, NY	Phone	Business News, Radio	Website
WCJW 1140 AM	Western NY Best Mix of Country Music-1140AM	Warsaw, NY	Phone	Country, Radio	Website
WRUN 1150 AM	News Talk Sports - The Mohawk Valley's Big Talker	Utica, NY	Phone	Country, Radio	Website

WABY 1160 AM	Albanys All News Station	Mechanicville, NY	Phone	Nostalgia, Radio	Website
WPIE 1160 AM	All Sports All the Time WPIE AM 1160	Trumansburg, NY	Phone	Sports, Radio	Website
WWLE 1170 AM		Cornwall, NY	Phone	News, Radio	
WHAM 1180 AM	Wham 1180 - Rochester's News Leader	Rochester, NY	Phone	News/Talk, Radio	Website
WSDE 1190 AM		Cobleskill, NY		Talk, Radio	
WLIB 1190 AM		New York, NY	Phone	Talk, Radio	Website
WTLA 1200 AM		North Syracuse, NY	Phone	Nostalgia, Radio	
WGNV 1220 AM	Hudson Valley Oldies WGNV AM 1220	Newburgh, NY	Phone	Oldies, Radio	Website
WECK 1230 AM	Music Of Your Life	Cheektowaga, NY	Phone	Nostalgia, Radio	
WENY 1230 AM		Elmira, NY	Phone	Talk, Radio	
WMML 1230 AM	ESPN Radio - Sports Radio	Glens Falls, NY	Phone	Sports, Radio	Website
WHUC 1230 AM		Hudson, NY	Phone	Nostalgia, Radio	
WLFH 1230 AM	The Sports Stars	Little Falls, NY	Phone	Sports, Radio	Website
WFAS 1230 AM	AM 1230 WFAS - Westchester's Soft Favorites	White Plains, NY	Phone	Nostalgia, Radio	Website
WGBB 1240 AM	WGBB AM 1240	Freeport, NY	Phone	Variety, Radio	Website
WGVA 1240 AM	Finger Lakes Community News and Information	Geneva, NY	Phone	News/Talk, Radio	Website
WJTN 1240 AM	WJTN - News Talk 1240 AM	Jamestown, NY	Phone	Talk, Radio	Website
WVOS 1240 AM		Liberty, NY	Phone	Nostalgia, Radio	
WNBZ 1240 AM	AM 1240 News Radio	Saranac Lake, NY	Phone	News, Radio	Website
WVKZ 1240 AM		Schenectady, NY	Phone	Talk, Radio	
WATN 1240 AM	News and Talk Authority	Watertown, NY	Phone	News/Talk, Radio	Website
WIPS 1250 AM	WIPS AM 1250 - The Bridge	Ticonderoga, NY	Phone	Classic Hits, Radio	Website
WBNR 1260 AM	Timeless Classics, Unforgettable Music	Beacon, NY	Phone	Nostalgia, Radio	Website
WNSS 1260 AM	ESPN Radio 1260 AM Syracuse	Syracuse, NY	Phone	Sports, Radio	Website
WHLD 1270 AM		Niagara Falls, NY	Phone	Variety, Radio	
WDLA 1270 AM		Walton, NY	Phone	Nostalgia, Radio	
WADO 1280 AM	Noticias de Nueva York	New York, NY	Phone	Spanish, Radio	Website
WHTK 1280 AM	1280 Hot Talk	Rochester, NY	Phone	Sports, Radio	Website
WNBF 1290 AM	WNBF News Radio AM 1290	Binghamton, NY	Phone	News/Talk, Radio	Website
WAMF 1300 AM		Fulton, NY		Country, Radio	
WXRL 1300 AM	Super Country WXRL 1300 AM	Lancaster, NY	Phone	Country, Radio	Website
WTMM 1300 AM	ESPN Radio 1300 AM Sports	Rensselaer, NY	Phone	Sports, Radio	Website
WRCR 1300 AM	AM 1300 Radio Rockland	Spring Valley, NY	Phone	Adult Contemporary, Radio	Website

WRSB 1310 AM		Canandaigua, NY	Phone	Religious, Radio	
WVIP 1310 AM	La Emisora De Dios, Para La Familia	Mount Kisco, NY	Phone	Religious, Radio	Website
WTLB 1310 AM		Utica, NY	Phone	Nostalgia, Radio	
JJJJ 1310 AM	1310 AM Utica, NY	Utica, NY		Nostalgia	Website
WHHO 1320 AM		Hornell, NY	Phone	Talk, Radio	Website
WWRV 1330 AM		New York, NY	Phone	Religious, Radio	Website
WEBO 1330 AM		Owego, NY	Phone	News/Talk, Radio	
WSPQ 1330 AM		Springville, NY	Phone	Talk, Radio	
WHAZ 1330 AM	With Holiness And Zeal	Troy, NY	Phone	Religious, Radio	Website
WWLF 1340 AM		Auburn, NY	Phone	Children's, Radio	
WENT 1340 AM		Gloversville, NY	Phone	Adult Contemporary, Radio	
WKSJ 1340 AM	Good Time Oldies WKSJ 1340 AM	Jamestown, NY	Phone	Oldies, Radio	Website
WLVL 1340 AM	The Only Radio Station Serving Niagara County	Lockport, NY	Phone	News/Talk, Radio	Website
WMSA 1340 AM	WSMA Radio 1340	Massena, NY	Phone	Nostalgia, Radio	Website
WALL 1340 AM	El Ritmo	Middletown, NY	Phone	Spanish, Radio	Website
WIRY 1340 AM	Hometown Radio - Stereo 1340 AM	Plattsburgh, NY	Phone	Adult Contemporary, Radio	Website
WCBA 1350 AM		Corning, NY	Phone	Adult Contemporary, Radio	
WRNY 1350 AM	The Sports Stars	Rome, NY	Phone	Sports, Radio	Website
WYOS 1360 AM	Talk Radio 1360 AM	Binghamton, NY		News/Talk, Radio	Website
WOEN 1360 AM		Olean, NY	Phone	Talk, Radio	
WALK 1370 AM	Standards swing & Big band too	East Patchogue, NY	Phone	Nostalgia, Radio	Website
WRWD 1370 AM		Ellenville, NY			
WXXI 1370 AM	WXXI Public Broadcasting Council	Rochester, NY	Phone	Public Radio, Radio	Website
WKDM 1380 AM		New York, NY	Phone	Ethnic, Radio	
WEOK 1390 AM	El Ritmo AM 1390	Poughkeepsie, NY	Phone	Spanish, Radio	Website
WRIV 1390 AM	The Best Music Ever Made	Riverhead, NY	Phone	Nostalgia, Radio	Website
WFBL 1390 AM		Syracuse, NY	Phone	News/Talk, Radio	Website
WAMC 1400 AM	Northeast Public Radio	Albany, NY	Phone	Public Radio, Radio	Website
WWWS 1400 AM		Buffalo, NY	Phone	Urban Contemporary, Radio	
WDNY 1400 AM		Dansville, NY	Phone	Nostalgia, Radio	
WSLB 1400 AM		Ogdensburg, NY	Phone	Talk, Radio	
WDOE 1410 AM	Dunkirk-Fredonia's Hometown Station	Dunkirk, NY	Phone	Adult Contemporary, Radio	Website
WELM 1410 AM	AM 1410 WELM The SPORTS GIANT	Elmira, NY	Phone	Sports, Radio	Website
WENU 1410 AM		South Glen Falls, NY	Phone	Nostalgia, Radio	
WNER 1410 AM	ESPN Radio - Sports Radio	Watertown, NY	Phone	Sports, Radio	Website
WNRS 1420 AM	ESPN Radio - Sports Radio	Herkimer, NY	Phone	Sports, Radio	Website
WACK 1420 AM	Your Hometown Station	Newark, NY	Phone	Sports, Radio	
WLNA 1420 AM	AM 1420-Timeless	Peekskill, NY	Phone	Nostalgia, Radio	Website

Classics Unforgettable Favorites						
WENE	1430 AM	The Team - Sports Radio 1430	Endicott, NY	Phone	Sports, Radio	Website
WNYG	1440 AM		Babylon, NY	Phone	Christian Contemporary, Radio	Website
WFNY	1440 AM		Gloversville, NY		Variety, Radio	
WJLJ	1440 AM	Old Time Rock & Roll	Niagara Falls, NY	Phone	Oldies, Radio	Website
WSGO	1440 AM		Oswego, NY	Phone	Nostalgia, Radio	
WCLI	1450 AM		Corning, NY	Phone	News/Talk, Radio	
WWSC	1450 AM	CNN Radio AM 1450 WWSC	Glens Falls, NY	Phone	Talk, Radio	Website
WHDL	1450 AM		Olean, NY	Phone	Oldies, Radio	Website
WKIP	1450 AM		Poughkeepsie, NY	Phone	Nostalgia, Radio	
WYFY	1450 AM	Bible Broadcasting Network	Rome, NY	Phone	Religious, Radio	Website
WDDY	1460 AM	Radio Disney. Your Music. Your Way	Albany, NY		Children's, Radio	Website
WVOX	1460 AM	America's great community radio station	New Rochelle, NY	Phone	Nostalgia, Radio	Website
WHIC	1460 AM		Rochester, NY		Religious, Radio	
WTKO	1470 AM	WTK Oldies	Ithaca, NY	Phone	Oldies, Radio	Website
WPDM	1470 AM		Potsdam, NY	Phone	Adult Contemporary, Radio	
WLEA	1480 AM	Your Country Home	Hornell, NY	Phone	Oldies, Radio	Website
WZRC	1480 AM		New York, NY	Phone	Asian, Radio	
WADR	1480 AM	The Sports Stars	Remsen, NY	Phone	Sports, Radio	Website
WCSS	1490 AM		Amsterdam, NY	Phone	Nostalgia, Radio	
WBTA	1490 AM	AM 1490 WBTA - Where News Comes First	Batavia, NY	Phone	Variety, Radio	Website
WKNY	1490 AM		Kingston, NY	Phone	Adult Contemporary, Radio	
WICY	1490 AM		Malone, NY	Phone	Oldies, Radio	
WDLC	1490 AM		Port Jervis, NY	Phone	Nostalgia, Radio	Website
WCDO	1490 AM	WCDO Radio	Sidney, NY	Phone	Adult Contemporary, Radio	Website
WOLF	1490 AM	Radio Disney. Your Music. Your Way	Syracuse, NY	Phone	Children's, Radio	Website
WTYX	1490 AM		Watkins Glen, NY		Country, Radio	
WPUT	1510 AM		Brewster, NY	Phone	Nostalgia, Radio	
WWKB	1520 AM	KB 1520 AM - Buffalo's Klassic Oldies	Buffalo, NY	Phone	Oldies, Radio	Website
WTHE	1520 AM	WTHE AM 1520 - NYs First Gospel Station	Mineola, NY	Phone	Gospel Music, Radio	Website
WDCD	1540 AM		Albany, NY		Christian Contemporary, Radio	
WSIV	1540 AM		East Syracuse, NY	Phone	Religious, Radio	
WCGR	1550 AM	Finger Lakes Community News and Information	Canandaigua, NY		News/Talk, Radio	Website
WUTQ	1550 AM	The Sports Stars	Utica, NY	Phone	Sports, Radio	Website
WQEW	1560 AM	Radio Disney. Your Music. Your Way	New York, NY	Phone	Children's, Radio	Website
WVTL	1570 AM	The Valley's Talk Radio	Amsterdam, NY		Talk, Radio	Website

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WFLR 1570 AM	Finger Lakes Community News and Information	Dundee, NY	Phone	News/Talk, Radio	Website
WFTU 1570 AM	Five Towns College	Riverhead, NY	Phone	Oldies, Radio	
WLIM 1580 AM	Polskie Radio	Patchogue, NY	Phone	Ethnic, Radio	Website
WAUB 1590 AM	Finger Lakes Community News and Information	Auburn, NY	Phone	News/Talk, Radio	Website
WASB 1590 AM	Son Shine Network	Brockport, NY	Phone	Religious, Radio	Website
WGGO 1590 AM		Salamanca, NY	Phone	Nostalgia, Radio	
WEHH 1600 AM	AM 1600 WEHH Solid Gold	Elmira Hts- Horsehds, NY	Phone	Oldies, Radio	Website
WWRL 1600 AM	WWRL 1600 AM New York's Urban Mix	New York, NY	Phone	Talk, Radio	Website
WMCR 1600 AM		Oneida, NY	Phone	Adult Contemporary, Radio	

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